

תהלים כ

TEHILIM 20

This Tehilm reminds us that Hashem responds to us in times of trouble.

Lam'natze-ach mizmor l'David.

For the Conductor, a song by David.

Ya-ancha Adonai b'yom tzarah,

May Adonai answer you on the day of trouble,

y'sagevcha shem Elohei Ya-akov.

may the Name of the Elohim of Jacob defend you.

Yishlach eizr'cha mikodesh,

May He send help to you from the Sanctuary,

umi-Tziyon yisadecha.

and support you from Zion.

Yizkor kol minchotecha,

May He remember all of your offerings,

v'olat'cha y'dash'neh selah.

and may He accept with favor your burnt-offerings, Selah.

Yiten l'cha chilvavecha,

May He grant you your heart's desire,

v'chol atzat'cha y'male.

and may He fulfill all of your plans.

N'ran'nah bishu-atecha,

May we sing for joy at your salvation,

uvshem Eloheinu nidgol,

and raise our banner in the Name of our Elohim,

y'male Adonai

may Adonai fulfill

kol mishalotecha.

all your requests.

Atah yadati ki

Now I know that

hoshi-a Adonai m'shicho,

Adonai has saved His anointed one,

ya-anehu mish'mei kodsho,

and He will answer him from His sacred heaven,

bigvurot yesha y'mino.

with the mighty victories of His right arm.

Eleh varechev v'eleh vasusim,

Some with chariots and some with horses,

va-anachnu b'shem Adonai

but we in the Name of Adonai

Eloheinu nazkir.

our Elohim call out.

Hemah kar'u v'nafalu,

They dropped to their knees and fell,

לְמַנְצַחַ מִזְמוֹר לְדָוִד.

יַעֲנֶךָ יְהוָה יֵאֱהוּנְהִי בְיוֹם צָרָה,

יִשְׁגָּבְךָ שֵׁם אֱלֹהֵי יַעֲקֹב.

יִשְׁלַח עֲזָרְךָ מִקֹּדֶשׁ,

וּמִצִּיּוֹן יִסְעָדְךָ.

יִזְכֹּר כָּל מִנְחֹתֶיךָ,

וְעוֹלֹתֶיךָ יִדְשָׁנָה סֵלָה.

יִתֵּן לְךָ כָּל בְּבִבְךָ,

וְכֹל עֲצָתְךָ יִמְלֵא.

נִרְנְנָה בִישׁוּעָתְךָ,

וּבְשֵׁם אֱלֹהֵינוּ נִדְגַל,

יִמְלֵא יְהוָה יֵאֱהוּנְהִי

כָּל מִשְׁאֲלוֹתֶיךָ.

עַתָּה יִדְעָתִי כִּי

הוֹשִׁיעַ יְהוָה יֵאֱהוּנְהִי מְשִׁיחוֹ,

יַעֲנֶהוּ מִשָּׁמַי קֹדֶשׁוֹ,

בְּגִבּוֹרֹת יִשַׁע יְמִינוֹ.

אֵלֶּה בָּרֶכֶב וְאֵלֶּה בַּסּוּסִים,

וְאֲנַחְנוּ בְּשֵׁם יְהוָה יֵאֱהוּנְהִי

אֱלֹהֵינוּ נִזְכִּיר.

הֵמָּה כָּרְעוּ וְנָפְלוּ,

va-anachnu kamnu vanitodad.

but we arose and were invigorated

Adonai hoshi-ah,

Adonai save,

hamelech ya-anenu v'yom korenu.

may the Sovereign answer us on the day we call.

וְאַנְחֵנוּ קָמְנוּ וְנִתְעוֹדַד.
 יְהוָה יִשְׁעֵנוּ הַיּוֹם שִׁיעָה,
 הַמֶּלֶךְ יַעֲנֵנוּ בְיוֹם קִרְאֵנוּ.