

מֵר שְׁבָרֶךְ
MI SHEBERACH
Prayer For Healing



 **Kabbalah4All Siddur**

About Our Siddur

As an international online Sephardic Jewish community, it was important to create a siddur that would meet the needs of those who join us from all around the world and could be downloaded to a computer or tablet. Our Siddur follows Nusach Ari and Nusach Edot HaMizrach (Sephardic). We welcome you to use our siddur whether you are joining us for services or praying on your own.

Kabbalah4All Transliteration Guidelines

a as in father

ai or **ay** as in aisle

e as in red

ei as in eight

i as in pizza

o as in no

oy as in toy

u as in tune

ch as in Bach in German (strong sound from the throat)

g as in give

tz as in lots

' typically adds an "EH" sound after a consonant, this is known as a Shva Na or pronounced Shva as in the word "Sh'ma".

- a dash is simply used to aid in pronunciation, usually if two like vowels follow each other, as in the word "da-at."

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. In our transliteration, when the syllable falls somewhere else other than the last syllable, that stressed syllable will be underlined. Example: Melech.

Hebrew Rules

The following are some of the Hebrew rules you may notice in our siddur.



In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. Whenever a syllable other than the last is accented, a "meteg" (the vertical line under the first letter) will appear.



The "masoret" above the letter Chaf indicates that this is a Kamatz Katan, which is pronounced as "o"; in this example the word is "kol."



The "rafe" above a letter indicates it is a Shva Na. This example is pronounced yism'chu.

Note that the rafe does not appear above the first letter of a word that has a Shva as that is ALWAYS a Shva Na.

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All prefaces to prayers written and adapted by David Aharon L. Curtis for Kabbalah4All.
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Edited by David Aharon L. Curtis.

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מי שברך

MI SHEBERACH

This blessing is for those who need healing.

Mi sheberach avoteinu hak'doshim,
May the One Who blessed our holy Patriarchs,
Avraham Yitzchak v'Yaakov
Abraham, Isaac, and Jacob,
Mosheh v'Aharon David uShlomoh,
Moses and Aaron, David and Solomon,
mi sheberach imoteinu hak'doshot,
May the One Who blessed our holy Matriarchs,
Sarah Rivkah Rachel v'Le-ah,
Sarah, Rebecca, Leah, and Rachel,
Miryam han'vi-ah va-Avigayil,
Miriam the Prophetess and Abigail,
v'Ester bat Avichayil,
and Esther daughter of Abihail,
hu y'varech et kol cholei Yisra-el,
may He bless all the sick of Israel,
uvich-lalam y'varech
and among them bless
et hacholeh/hacholah/hacholim
he who is ill /she who is ill /those who are ill (plural)
Name(s) ben/bat (Mother's Name).
son of/daughter of _____
v'yishlach lo/lah/lahem
and send to him/her/them
r'fu-ah sh'lemah
a complete healing
I'chol evarav/evareha/evarim
in all his organs/her organs/ their organs
ulchol gidav/gideha/gidim.
and all his sinews/her sinews/their sinews.
El na r'fa na lo/lah/lahem,
Almighty One please to heal, please, him/her/them.
El na r'fa na lo/lah/lahem,
Almighty One please to heal, please, him/her/them.
b'toch sh'ar cholei am'cha Yisra-el.
in the midst of those who are ill of Your people Israel.
Urfu-ah k'rovah lavo,
And may healing arrive soon,
v'chen y'hi ratzon,
and may it be His will,
v'nomar amen. {Amen.}
and we say amen. Amen.

מי שברך אבותינו הקדושים,
 אברהם יצחק ויעקב
 משה ו אהרן דוד ושלמה,
 מי שברך אמותינו הקדושות,
 שרה רבקה רחל ולאה,
 מרים ה נביאה ואביביגיל,
 ואסתר בת אביכיל,
 הוא יברך את כל חוליו ישראל,
 ובכללם יברך
 את החולה\החולה \ החולים
 בן\בת Name(s)
 וישלח לו להם
 רפואה שלמה
 לכל אבריו\אבריה\אברים
 ולכל גידיו\גידיה\גידים.
 אל נא רפא נא לו להם,
 אל נא רפא נא לו להם,
 בתוך שאר חוליו עמך ישראל.
 ורפואה קרובה לבא,
 ובן ידי רצון,
 ונאמר אמר. {אמן.}