

מי שברך

MI SHEBERACH

Prayer For Healing



Kabbalah4All Siddur

About Our Siddur

As an international online Sephardic Jewish community, it was important to create a siddur that would meet the needs of those who join us from all around the world and could be downloaded to a computer or tablet. Our Siddur follows Nusach Ari and Nusach Edot HaMizrach (Sephardic). We welcome you to use our siddur whether you are joining us for services or praying on your own.

Kabbalah4All Transliteration Guidelines

- a** as in father
- ai** or **ay** as in aisle
- e** as in red
- ei** as in eight
- i** as in pizza
- o** as in no
- oy** as in toy
- u** as in tune
- ch** as in Bach in German (strong sound from the throat)
- g** as in give
- tz** as in lots
- ' typically adds an "EH" sound after a consonant, this is known as a Shva Na or pronounced Shva as in the word "Sh'ma".
- a dash is simply used to aid in pronunciation, usually if two like vowels follow each other, as in the word "da-at."

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. In our transliteration, when the syllable falls somewhere else other than the last syllable, that stressed syllable will be underlined. Example: Melech.

Hebrew Rules

The following are some of the Hebrew rules you may notice in our siddur.

מֵלֶךְ

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. Whenever a syllable other than the last is accented, a "meteg" (the vertical line under the first letter) will appear.

כֹּל

The "masoret" above the letter Chaf indicates that this is a Kamatz Katan, which is pronounced as "o"; in this example the word is "kol."

יִשְׁמְחוּ

The "rafe" above a letter indicates it is a Shva Na. This example is pronounced yism'chu.

Note that the rafe does not appear above the first letter of a word that has a Shva as that is ALWAYS a Shva Na.

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All prefaces to prayers written and adapted by David Aharon L. Curtis for Kabbalah4All.
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Edited by David Aharon L. Curtis.

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This blessing is for those who need healing.

Mi sheberach avoteinu hak'doshim,

May the One Who blessed our holy Patriarchs,

Avraham Yitzchak v'Ya-akov

Abraham, Isaac, and Jacob,

Mosheh v'Aharon David uShlomoh,

Moses and Aaron, David and Solomon,

mi sheberach imoteinu hak'doshot,

May the One Who blessed our holy Matriarchs,

Sarah Rivkah Rachel v'Le-ah,

Sarah, Rebecca, Leah, and Rachel,

Miryam han'vi-ah va-Avigayil,

Miriam the Prophetess and Abigail,

v'Esther bat Avichayil,

and Esther daughter of Abihail,

hu y'varech et kol cholei Yisra-el,

may He bless all the sick of Israel,

uvich-lalam y'varech

and among them bless

et hacholeh/hacholah/hacholim

he who is ill /she who is ill /those who are ill (plural)

Name(s) ben/bat (Mother's Name).

_____ son of/daughter of _____

v'yishlach lo/lah/lahem

and send to him/her/them

r'fu-ah sh'lema

a complete healing

l'chol evarav/evareha/evarim

in all his organs/her organs/ their organs

ulchol gidav/gideha/gidim.

and all his sinews/her sinews/their sinews.

El na r'fa na lo/lah/lahem,

Almighty One please to heal, please, him/her/them.

El na r'fa na lo/lah/lahem,

Almighty One please to heal, please, him/her/them.

b'toch sh'ar cholei am'cha Yisra-el.

in the midst of those who are ill of Your people Israel.

Urfu-ah k'rovah lavo,

And may healing arrive soon,

v'chen y'hi ratzon,

and may it be His will,

v'nomar amen. {Amen.}

and we say amen. Amen.

מִי שְׁבֵרַךְ אֲבוֹתֵינוּ הַקְּדוֹשִׁים,

אֲבְרָהָם יִצְחָק וְיַעֲקֹב

מֹשֶׁה וְאַהֲרֹן דָּוִד וְשְׁלֹמֹה,

מִי שְׁבֵרַךְ אִמּוֹתֵינוּ הַקְּדוֹשׁוֹת,

שָׂרָה רִבְקָה רָחֵל וְלֵאָה,

מִרְיָם הַנְּבִיאָה וְאַבִּיגַיִל,

וְאֶסְתֵּר בַּת אַבְיָחַיִל,

הוּא יְבָרֶךְ אֶת כָּל חוֹלֵי יִשְׂרָאֵל,

וּבְכָל־לַם יְבָרֶךְ

אֶת הַחֹלֶה\הַחֹלָה\הַחֹלִים

, (Mother's Name) בֶּן\בַּת

וְיִשְׁלַח לוֹ\לָהּ\לָהֶם

רְפוּאָה שְׁלֵמָה

לְכֹל אֲבָרָיו\אֲבָרֶיהָ\אֲבָרֵים

וְלְכֹל גִּידָיו\גִּידֶיהָ\גִּידִים.

אֵל נָא רְפֹא נָא לוֹ\לָהּ\לָהֶם,

אֵל נָא רְפֹא נָא לוֹ\לָהּ\לָהֶם,

בְּתוֹךְ שְׁאֵר חוֹלֵי עַמֶּךָ יִשְׂרָאֵל.

וּרְפוּאָה קְרוּבָה לְבֹא,

וְכֵן יְהִי רָצוֹן,

וְנֹאמַר אָמֵן. {אָמֵן.}